

Lecture Five: Simple Present Tense and Daily Routines

By the end of this lecture, students will be able to:

- use the simple present tense to describe daily habits.
- talk about everyday routines using time expressions.

Examples

- I/we / they/ you **travel** abroad every summer.
- She/ he **goes** to work by train.
- I / they/ you/ we **do not travel** during winter.
- She/ he **does not travel** alone.
- **Do** you **visit** new countries every year?
- **Does** she/ he visit a new country every year?

The present simple is used to make simple statements of fact, to talk about things that happen repeatedly (daily routines), and to describe things that are always true.

Positive Form: I/we/you/ they + stem S/he/ it stem +S

Negative Form I/we/you/ they do not + stem S/he/ it does not stem +S

Questions: yes/ no question: Do/ does+subject+ stem.....?

Wh questions: Wh word+ does/ do+ Subject+stem.....?

Task 1: Choose the correct completions.

1. My mother and father _____ breakfast at 7:00 every day. (*eat / eats*)
2. My mother _____ tea with her breakfast. (*drink / drinks*)
3. I _____ a bath every morning. (*take / takes*)
4. My sister _____ a shower. (*take / takes*)
5. I _____ English with my friends. (*study / studies*)
6. We _____ to school together every morning. (*walk / walks*)
7. Class _____ at 9:00 every day. (*begin / begins*)
8. It _____ at 12:00 for lunch. (*stop / stops*)
9. We _____ in the cafeteria. (*eat / eats*)
10. My friends and I _____ home at 3:00 every afternoon. (*go / goes*)

Task 2: Fill in the gaps by putting the verbs in the present simple

1. Jessica **walks** (walk) around the park every day at lunchtime
2. Tony(make) a huge breakfast for his family on Sundays.
3. I usually(eat) my lunch at 1pm at an Italian restaurant.
4. Fiona.....(meet) her friends at a café on Thursday evenings.
5. We sometimes (play) tennis with our friends on Saturday mornings.
6. My cousin.....(start) work at 6am every morning.

7. The shop assistant(leave) work at 6pm in the evening.
8. You..... (drink) a lot of coffee every morning.
9. Paolo usually;(read) a book in the evening.

References

Azar, B.S., & Hagen, S.A. (2006). Basic English Grammar (3th ed.). Pearson Education.

Booth. T. (2019). English for everyone/ Practice book: English Grammar Guide. Penguin Random House.